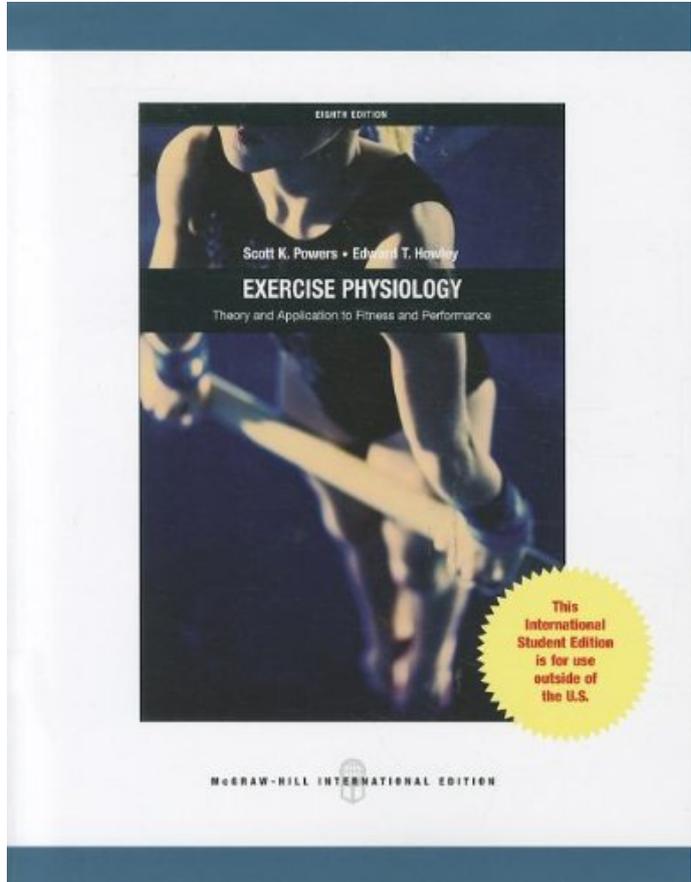


Scott K. Powers

Exercise Physiology: Theory and Application to Fitness and Performance

Publisher: McGraw-Hill Higher Education; 8th Revised edition edition (November 1, 2011)
Language: English
Pages: 587
ISBN: 978-0071316262
Size: 30.59 MB
Format: PDF / ePub / Kindle



Written especially for exercise science and physical education students, this text provides a solid foundation in theory illuminated by application and performance models to increase understanding and to help students...

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